

Information Sheet

Teddy Bears Picnic

A light-hearted session introducing youngsters to the concept of SWAF – what all animals need to survive (Shelter, Water, Air and Food).

Curriculum Links

Unit 1A Ourselves: Exploring and using senses, observing and describing living things. Growing and changing, matching adult and baby animals, how animals move.

Unit 1B Growing Plants: Comparing similarities and differences between plants, making and recording observations.

At the end of the Session children will have..

Learnt about the four needs of life; investigated plants using smell, touch and sight; looked at and listened to wildlife around our nature reserve. Played a range of games designed to enthral them will wander in the natural world.

What you need to bring

- A teddy each (best to label them!)
- Waterproofs and wellies (if wet)
- Sun hat, long sleeves and sun cream (if hot)
- Adults at a ratio of 1:5 – adults need to be prepared to lead small activities with their group, with support from Trust staff.

What we supply

- All equipment for the activity
- Indoor and outdoor spot for lunch
- Trained First Aider

What happens in the session

Children will be asked to leave their teds with Chief Ted who has looked forward to meeting them. Then we settle down to hear a story outlining all the needs of life. Then children venture outside (leaving their teddies with Chief Ted) to experience different aspects of the reserve and its wildlife.

Upon returning to the centre they discover their bears have gone for a walk.. We then have to follow a trail of clues to discover where the naughty bears are hiding! Then its time for lunch (after washing hands of course).

Suggested follow-up activities

Make a special island for your bear with all the things it needs to survive. Maybe you could construct one in the classroom for the Teachers bear. There are many more ideas in the Teachers pack – just ask the Trust leader for your free copy.

Suggested Lead-in activities

Looking at different animals and where they find their shelter etc. Think about what the children have for their SWAF. Discuss what air is, or introduce them to the concept of shelter.