

Wader Conservation World Watch 2021

6th & 7th November **Join in with TVWT's Wilder Coast Project**

Our Wilder Coast project asks people to take simple actions to help coastal and marine wildlife.

We are taking part in WCWW to support **Wader Quest**, a charity set up to promote the conservation of wading birds and their habitats. Waders face pressures, globally, from habitat loss, pollution and disturbance.

WCWW is a fun way to join people from all round the world to say "We care" about waders!

How to take part: no registration, no counting (unless you wish to). Simply go out and see wading birds during the weekend. Then tell us what you saw, where, and who was with you.

Email Jacky with your results: education@teeswildlife.org Photos of you in action are very welcome.

We'll send on local results to Wader Quest for a special newsletter with a roll of honour of all those who took part, including YOU.



Photo: Mike McNulty

Are you a beginner with waders?

Don't worry! Our top tip is to start by spotting an Oystercatcher. It's one of the bigger birds, black and white, and you can't miss that smart red bill and legs. You might also see these birds on school fields because they love an earthworm.



Some more of the waders you can spot on the Teesside coast



Cormorant

(not a wader but a must-see)



Waders are the birds you see walking about along the tideline and on the rocks. They are looking for worms or tiny invertebrates in the sand. Or shellfish and crabs on the rocks.

We can all help these birds by giving them plenty of space to rest and feed. If you are out walking, maybe with your dog, please put a wiggle in your walkies and avoid putting the birds to flight. They use up energy and lose valuable feeding time when they have to fly up. Please help the birds to be in tiptop condition for migrating back all the way to the Arctic, in the spring.



Redshank



Purple Sandpiper



Curlew



Ringed Plover

Thank you for caring about waders!



Turnstone